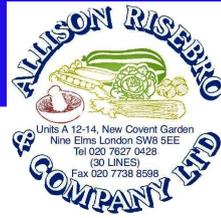


ALLISON

RISEBRO



MARKET UPDATE

19/1/2017



BEST OF BRITISH



Im afraid to say that there will be no let up in prices and shortage of produce. We will endeavour to keep you updated on the situation and do the best we can to save you money and help design your menus!

We still recommend that your menu plan includes plenty of British Greens! Spanish Produce continues to make high prices, with supermarkets also experiencing problems with their supply. Spain has seen some of its worst weather for over 70 years. The flooding has been unprecedented and crops have been decimated! Some of the largest growers have lost 50% of their crop! With demand and a shortage comes high prices! Produce affected Aubergines, Peppers, Broccoli, Courgettes, Iceberg, Baby Spinach, Rocket and Cos Lettuce. Other crops affected are Fennel and Herbs including Corriander, Mint and Flat Parsley. Supply is ok but prices

higher than normal. Italy, Turkey and Morocco have been very cold at this time of year and this has slowed the growth of the crops.

We Highly recommend English Greens including Spring Green, Savoy, Red, Green and White Cabbage. Kale, Red Kale and Black Cabbage. Sprouts remain good. There is Purple Sprouting Broccoli available at the moment.

English Forced Rhubarb is highly recommended at this time of year.

All the winter favourites continue to be in good demand. Like Golden and Candied Beetroot these are excellent and can add some winter colour and flavour to the plate! Parsnips, Swede, Celery, Turnips and Carrots all remain good value! Chantenay Carrots and mixed heritage also plentiful.

Potatoes are steady in price and all varieties are available including Kind Edwards, Reds, Maris Pipers and Estima.

English Apples remain in good supply and condition, these include Coxes, Egremont, Gala and Braeburn Apples.

English Micros still widely available but please keep alert for updates as during the winter some of the more delicate ones struggle ie Basil?

English Round Lettuce and Mustard Cress!

Changing your menu and need help? Please don't hesitate to contact myself direct.

duncan@allisonrisebro.co.uk

BRITISH PRODUCTS OF THE WEEK



- ENGLISH PURPLE KALE
- ENGLISH PARSNIPS
- PURPLE SPROUTING
- ENGLISH BLACK CABBAGE
- ENGLISH COXES
- ENGLISH MIXED CHANTENAY





ALLISON RISEBRO

WORLD PRODUCE

As already mentioned all Spanish produce remains high in price due to the bad weather.

Aubergines, Peppers, Courgettes, Cucumbers, Iceberg, Cos, Baby Spinach and Tomatoes.



**WATCH
OUT FOR
OUR
WEEKLY
SPECIALS**

French Salad Prices are also increasing due to the cold weather! Spinach has gone expensive. Romanesque and Cape Broccoli is also short in supply! Rainbow Chard has limited availability.



Baby vegetables are available but please be aware that quality is not as of the highest, and there may be short falls. Please check ahead.

Fennel, San Marzano Tomatoes, Treviso, White Radicchio. Olive oil,



FRUITS

Lychees now in season!

South African Grapes now in Season but slightly high in price .Excellent Plums.

Seville Oranges and Blood Oranges available. Yellow Plums.

Spanish Citrus season is now presenting us with Lemons, Oranges. Spanish Satsuma's are coming to an end and we will move onto Nardecotes which will be a bit more money

Spanish Raspberries and Strawberries. Egyptian Strawberries available.

All Melons are from Brazil this includes Honeydew, Watermelon, Cantaloupe and Galia. These are all Sea Freighted.

Dutch Redcurrants and Blackberries. Peruvian Blueberries good value.

Mango's and Paw Paw are from Brazil, very good Indian Pomegranates. Brazilian Figs. Persimon Fruit!

Moved onto Belgium Comice Pears and Conference Pears.

MUSHROOMS:

Chanterelle

Trompette ££££

Girolle £££

No:

Morels

Cepes

